



Athletic Edge Sports Camp

TRAIN LIKE THE *PROS*, *D1* and High School *ATHLETES!*

- Stephen Booth is a CERTIFIED FUNCTIONAL STRENGTH COACH
 - Our programming template is designed for functional strength, power and speed while assisting in injury reduction!
 - Professional, Collegiate and High School athletes train the same programs and principles!!
 - Take your game to the highest level and tune the engine that drives your sport!!
 - Be ready and surpass your competition 3 days per week- Monday, Tuesday & Thursday at Cape Elizabeth High School
- **June 25- August 3 from 8-10am**
 - **Grades 5-8**
 - **Cost: \$325**

[REGISTER ONLINE](#)

ALL CAMPERS MUST DOWNLOAD AND FILL OUT WAIVER BEFORE PARTICIPATING

- **Contact:** Steve Booth 207-712-3115 / steve@boothstrength.com or Coach Filieo 207-650-1758 / capeelizabethfootball@gmail.com

